



**Sara Rosenfeld-Johnson's ORAL PLACEMENT THERAPY**

**Level 1A Workshop: "A Three-Part Treatment Plan  
for Oral Placement Therapy" (2-Day)**

**August 1 & 2, 2026, Sat & Sun 9:00am-5:30pm**

**Level 1B Workshop: "Oral Placement Therapy: Assessment and  
Program Plan Development" (2-Day)**

**August 22 & 23, 2026, Sat & Sun 9:00am-5:30pm**

**Presented by: Louisa Wong Chun Yin,**

**Speech Therapist (BSc. Sph. & Hr. Sc., HKU) /**

**TalkTools® OPT Level 5 Instructor**

**(Presentation in Cantonese)**

**FOR: Local Speech Therapists who work with individuals  
with muscle-based speech & articulation problems**

**Venue : The Hong Kong Management Association  
Frist Commercial Building, 33-35 Leighton Road, Causeway Bay, Hong Kong.  
香港銅鑼灣禮頓道 33-35 號 第一商業大廈，香港管理專業協會  
(銅鑼灣地鐵語 A 或 F 出口，時代廣場旁邊勿地臣街尾轉右往禮頓道 )**



[www.speechtherapyhk.com](http://www.speechtherapyhk.com)

Tel: 852-3580-0938

Fax: 852-3580-0918

# **Level 1A: “A Three-Part Treatment Plan for Oral Placement Therapy”**

## **The founder of Oral Placement Therapy**

**Sara Rosenfeld-Johnson, M.S., CCC-SLP** has more than 40 years of clinical experience as a Speech and Language Pathologist in US. She has spent decades perfecting her unique brand of Oral Placement Therapy with a high degree of success, even where traditional speech therapy has failed. She devoted to teaching therapists her innovative Oral Placement Therapy (OPT) internationally, so that the therapists can help more clients with difficult-to-remediate speech clarity and feeding problems.

## **The Presenter**

**Louisa Wong Chun Yin** graduated from the University of Hong Kong (B.Sc. Speech & Hearing Sciences) in 1995. She has more than 30 years of experience in teaching special children with language learning difficulties. She has been using TalkTools® Therapy since 2005, and finds these techniques extremely effective in helping children with feeding, phonation and articulation difficulties due to muscle weaknesses, across diagnoses such as Autism, Down’s Syndrome, Cerebral Palsy, Speech Delay and Apraxia of Speech etc. Louisa got her Level 5 OPT Instructor Certification issued by TalkTools® in Feb 2009 in Arizona, USA, and became the first Oral Placement Specialist taught and recognized by Sara Rosenfeld-Johnson in Asia. She is now certified to teach TalkTools® Level 1 through 3 courses, and has been an invited speaker in HK, China, Dubai and Taiwan. She has received special training in PECS, Beckmann Oral Motor Techniques, PROMPT, Social Stories, Social Thinking, Hanen Approach, Mediated Learning Experience. Orofacial Myology : Make the connection (July 2019) (IAOM), OSA Workshop (Sept.2019, NYU), SOS4TOTS (2020, Dr Larry Kotlow) , “Untying Ankyloglossia : The Impact on Infants and children (Jan 2023, Bobby Ghaheri, MD) and The Breathe Course (Soroush Zaghi, Los Angeles, USA, July 2023).

## **Level 1A Course Description**

See how 60+ fun-to-use therapy exercises can be used to improve phonation, resonance, and speech clarity. Interactive, hands-on demonstrations will focus on therapeutically sound techniques that develop the oral muscle placement needed for improving speech clarity: abdomen, velum, jaw, lips and tongue dissociation and grading. Your child and adult clients will actually want to do them because OPT exercises are fun and working effectively!

*Real case video clips will be used to illustrate Oral Placement Therapy exercises!*

## **Level 1A Learning Outcomes**

You will be able to:

1. Understand Oral Placement/ Feeding/ Speech problems based on muscle system deficits;
2. Integrate hierarchies for oral motor Dissociation and Grading (Jaw-Lips-Tongue);
3. Learn therapeutic intervention strategies that address physiological and muscle-based speech disorders;
4. Appropriately apply almost 60+ new Oral Placement Therapy techniques into your therapy;
5. Learn to use Oral Placement techniques to improve individual feeding, speech clarity and production.

## Level 1A: “A Three-Part Treatment Plan for Oral Placement Therapy”

<i>OPT Level 1A Workshop Program Agenda</i>	
<p><b>Day 1</b></p> <p style="text-align: center;"><i>Morning Session: 9:00 am-12:30 pm</i></p> <p>(1) What is OPT?            (2) Published Articles supporting OPT, Web Resources            (3) Goals: Oral Placement for Speech Clarity and Feeding            (4) Diagnosis &amp; Therapy Thoughts            (5) Tone Deficits &amp; Therapy Thoughts            (6) Stability &amp; Mobility            (7) OPT Sensory Therapy</p> <p><i>Morning Break at 10:30-10:45 am</i>  <i>Lunch on your own at 12:30-2:00 pm</i></p> <p style="text-align: center;"><i>Afternoon Session: 2:00pm – 5:30pm</i></p> <p>(8) Feeding: Solid, Puree, Liquid            (9) OPT Respiration and Phonation Therapy</p> <p><i>Afternoon Break at 3:30-3:45 pm</i></p> <p><i>end of the day: Question Answer Section</i></p>	<p><b>Day 2</b></p> <p style="text-align: center;"><i>Morning Session: 9:00am-12:30pm</i></p> <p>(10) OPT Resonance Therapy            (11) OPT Jaw Therapy</p> <p><i>Morning Break at 10:30-10:45 am</i>  <i>Lunch on your own at 12:30-2:00 pm</i></p> <p style="text-align: center;"><i>Afternoon Session: 2:00pm – 5:30pm</i></p> <p>(12) OPT Lips Therapy            (13) OPT Straw Drinking Hierarchy            (14) OPT Tongue Therapy            (15) Movements necessary for Standard Speech Production</p> <p><i>Afternoon Break at 3:30-3:45 pm</i></p> <p><i>end of the day: Question Answer Section</i></p> <p style="text-align: center;"><i>This workshop will be presented in spoken Cantonese mainly</i></p> <p style="text-align: center;"><i>Workshop Handouts will be written in English mainly, supplemented with data in Cantonese and Mandarin</i></p>

Water, tea and coffee will be provided during breaks

Target Audience: local Speech Therapists in Hong Kong and Macau



## Level 1B: “Oral Placement Therapy: Assessment and Program Plan Development”

### The founder of Oral Placement Therapy

**Sara Rosenfeld-Johnson, M.S., CCC-SLP** has more than 40 years of clinical experience as a Speech and Language Pathologist in US. She has spent decades perfecting her unique brand of Oral Placement Therapy with a high degree of success, even where traditional speech therapy has failed. She devoted to teaching therapists her innovative Oral Placement Therapy (OPT) internationally, so that the therapists can help more clients with difficult-to-remediate speech clarity and feeding problems.

### The Presenter

**Louisa Wong** graduated from the University of Hong Kong (B.Sc. Speech & Hearing Sciences) in 1995. She has more than 30 years of experience in teaching special children with language learning difficulties. She has been using TalkTools® Therapy since 2005, and finds these techniques extremely effective in helping children with Autism, Down’s Syndrome, Apraxia, articulation and expressive speech difficulties due to muscle weaknesses. Louisa got her Level 5 OPT Instructor Certification issued by TalkTools® in Feb 2009 in Arizona, USA, and became the first Oral Placement Specialist taught and recognized by Sara Rosenfeld-Johnson in Asia. She is now certified to teach TalkTools® Level 1 through 3 courses, and has been an invited speaker in HK, China, Dubai and Taiwan. She has received special training in PECS, Beckmann Oral Motor Techniques, PROMPT, Social Stories, Social Thinking, Hanen Approach, Mediated Learning Experience. Orofacial Myology : Make the connection (July 2019) (IAOM), OSA Workshop (Sept.2019, NYU), SOS4TOTS (2020, Dr Larry Kotlow), “Untying Ankyloglossia : The Impact on Infants and children (Jan 2023, Bobby Ghaheri, MD) and The Breathe Course (Soroush Zaghi, Los Angeles, USA, July 2023).

### Level 1B Course Description

The participants will learn to diagnose the muscle-based deficits in Jaw-Lips-Tongue structure and functioning, using the OPT Treatment Hierarchies learned in OPT Level 1A workshop. Evaluation of oral functional activities in Respiration, Phonation, Resonance and Articulation will be based on the therapeutic techniques learned in OPT Level 1A workshop. Participants will be guided to write a comprehensive Oral Placement/ Feeding/ Speech Program Plan.

*Real case assessment video clips will be used to illustrate Oral Placement Therapy evaluation & treatment activities.*

### Level 1B Learning Outcomes

You will be able to:

1. Identify, Oral Placement, Sensory, Feeding and/or Speech Deficits in clients;
2. Assess Oral Placement deficits in Jaw-Lip-Tongue functions;
3. Design a step-by-step Program Plan based on the clients’ Oral Placement/ Feeding/ Speech Evaluation;
4. Apply Oral Placement strategies, when appropriate, with infant, preschool, and school-aged children and students with muscle-based feeding and/or speech clarity issues.

**\* Participants must have fulfilled OPT Level 1A certification to be able to enter this OPT Level 1B workshop (proof of certification might be requested when necessary)**



## Level 1B: “Oral Placement Therapy: Assessment and Program Plan Development”

<i>OPT Level 1B Workshop Program Agenda</i>	
<p><b>Day 1</b></p> <p style="text-align: center; color: #4F7942;"><i>Morning Session: 9:00am-12:30pm</i></p> <p>(1) OPT Theory Review            (2) Parent Questionnaire/ Case History Form            (3) Professional Role            (4) OPT Assessment:                A. OPT Oral Sensory Assessment</p> <p style="color: #C85130;"><i>Morning Break at 10:30-10:45 am</i>  <i>Lunch on your own at 12:30-2:00 pm</i></p> <p style="text-align: center; color: #4F7942;"><i>Afternoon Session: 2:00pm – 5:30pm</i></p> <p>(4) OPT Assessment: (cont’)                B. OPT Feeding Assessment                  i. Puree                  ii. Liquid                  iii. Solid</p> <p style="color: #C85130;"><i>Afternoon Break at 3:30-3:45 pm</i></p> <p>(4) OPT Assessment: (cont’)                C. Muscle-based Articulation Assessment                D. OPT Oral-Motor Skills Assessment:                  i. Respiration</p> <p style="color: #005596;"><i>end of the day: Question Answer Section</i></p>	<p><b>Day 2</b></p> <p style="text-align: center; color: #4F7942;"><i>Morning Session: 9:00am-12:30pm</i></p> <p>(4) OPT Assessment: (cont’)                ii. Phonation                iii. Resonation                iv. Articulation - Jaw                        - Lips</p> <p style="color: #C85130;"><i>Morning Break at 10:30-10:45 am</i>  <i>Lunch on your own at 12:30-2:00 pm</i></p> <p style="text-align: center; color: #4F7942;"><i>Afternoon Session: 2:00pm – 5:30pm</i></p> <p>(4 ) OPT Assessment: (cont’)                iv. Articulation – Tongue</p> <p>(5) Setting OPT Goals &amp; Program Plan            (6) Involving Parents/ Caregivers            (7) OPT Home Program            (8) OPT Charting</p> <p style="color: #C85130;"><i>Afternoon Break at 3:30-3:45 pm</i></p> <p>(9) Case Studies            (Real Case Assessment Video Clips Analysis)</p> <p style="color: #005596;"><i>end of the day: Question Answer Section</i></p> <p style="color: #C85130;"><i>This workshop will be presented in spoken Cantonese mainly</i></p> <p style="color: #C85130;"><i>Workshop Handouts will be written in English mainly, supplemented with data in Cantonese and Mandarin</i></p>

Water, tea and coffee will be provided during breaks

Target Audience: local Speech Therapists in Hong Kong and Macau



*OPT Hong Kong Workshops Registration Procedure:*

**Please follow the payment procedure in the Registration Form,  
Make your payment through cheque, banking in or FPS,  
and then mail or e mail back us your payment proof with registration form  
to confirm your application.**

***Seats are limited, act fast!***

***\*Join 2 workshops together to save more!\****

<b>Course Fee for OPT:</b>	<b>Early Bird (on or before July 5)</b>	<b>Full Fee (after July 6)</b>	<b>Student Fee<sup>^</sup></b>
Level 1A	4,400	4,800	4,000
Level 1B	4,600	5,000	4,200
Level 1A + Level 1B	8,500	9,300	7,800

Last day of application will be on July 15, 2026.

Participants must have fulfilled OPT Level 1A certification to be able to enter OPT Level 1B workshop (Proof of Level 1A certification might be asked when necessary)

Participants can apply OPT Level 1A and OPT Level 1B workshops simultaneously

<sup>^</sup>Proof of student identification in BSc. Speech-Language Pathology in HKU, MSc. Speech-Language Pathology in CUHK, BSc. (Hons) in Speech Pathology and Rehabilitation or MSc. Educational Speech-Language Pathology and Learning Disabilities in EdU, BSc. (Hons) in Speech Therapy or Master of Speech Therapy or in PolyU. must be sent with application.

Accreditation : The Hong Kong Institute of Speech Therapist (HKIST) – CPD-ST 14 points. Please apply online on your own at <https://hkist.org.hk> after attending the workshops.

\* *Compliments:*

**Level 1A workshop participants will receive:**

A set of complimentary oral-motor tools for workshop practicum (costs HKD138.0), a workbook and The Book entitled “*Oral Placement Therapy for Speech Clarity and Feeding*” written by Sara Rosenfeld-Johnson\*English version (costs HKD650.00)

**Level 1B workshop participants will receive:**

A set of complimentary TalkTools® Jaw Grading Bite Blocks (Red) (costsHKD350.0), a workbook and The Book entitled “*Assessment and Treatment of the Jaw. Putting it Altogether: Sensory, Feeding and Speech*” written by Sara Rosenfeld-Johnson \*English version (costs HKD450.00)

\*\* A 10% Discount on one order of TalkTools® for each participant one month upon completion of the workshop (maximum amount of discount is limited to HKD500.0)

\*\*\* Course fee cannot be deducted if the compliments listed above are not wanted

\*\*\*\* 100% attendance is mandatory to guarantee an attendance certificate

***Workshop seats are limited. Registration is on a first-come, first-served basis***

***Please E-mail us for enquiries: [workshop@speechtherapyhk.com](mailto:workshop@speechtherapyhk.com) Tel.: 852-35800938***

Registration will only be confirmed when full payment is being made. No registration fee shall be re-funded after confirmation of registration.

Should the program scheduled have to be cancelled due to Black Rainstorm Signal, Typhoon Signal No. 8 or above, infectious diseases or other unforeseeable circumstances and/or conditions, the organizer shall try to, and has the right to re-schedule the program to different dates and/or venue.